



Digital Health
& Care Scotland



DIGITAL HEALTH AND CARE LEARNING NETWORK DAY

MONDAY 24 JUNE 2019

Doors open 09:00 – Registration and Exhibition
Programme starts 09:45 – Concludes 16:15

The Scottish Government Technology Enabled Care Division's Digital Health & Care Learning Network day, in collaboration with the National Digital Nursing Midwifery and Allied Health Professionals (NMAHP) Network, are hosting the 2019 Learning Network day. An opportunity for staff with a shared interest in how digital tools can be used to support service delivery.

Who should attend?

The Learning Network is for staff delivering services in health, local authorities, third sector and housing organisations alongside policy, research, academic and technology suppliers.

Programme
sponsored by:

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The morning session in the auditorium from 09:45 – 11:30 and the final session of snapshots will be accessible to view live online and on-demand after the event.

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DIGITAL HEALTH AND CARE LEARNING NETWORK DAY

Programme

09:00	DOORS OPEN – REGISTRATION & EXHIBITION
09:45	Welcome and Introductory remarks Dr Margaret Whoriskey, Head of Technology Enabled Care and Digital Healthcare Innovation, Scottish Government
09:55	Scottish Digital Nursing Midwifery and Allied Health Professionals Network Sandra Blades, Lead Nurse, Professional Governance and Regulation and Nursing and Midwifery eHealth Lead, NHS Greater Glasgow & Clyde
10:05	European Connected Health Alliance – opportunities for shared learning Brian O'Connor, Chair, European Connected Health Alliance
10:30–11:30	Snapshot Presentations Introduced by Professor George Crooks, CEO, Digital Health & Care Institute
	<ol style="list-style-type: none"> Using technology to prevent drug deaths in homeless accommodation Hugh Hill, Director of Services and Development, Simon Community Scotland & Streetwork UK Technology & Social Connectedness – T&SCon Dr Louise McCabe, Senior Lecturer in Dementia Studies, University of Stirling Digital NMAHP Example: supporting discharge from acute settings Mary Duguid, Occupational Therapist, Aberdeen Royal Infirmary Scottish Fire & Rescue Service – Developing the role of Technology Enabled Care John Gray, Watch Manager, Prevention & Protection Directorate, Scottish Fire and Rescue Service Digital Participation the CLASP Digital way Jim Cooper, Digital Participation Coordinator, CLASP Information Governance Pack for Florence Elena Beratarbide, National IG Policy Lead for Health and Care, Digital Health and Care Division, Directorate for Health and Social Care Integration, Scottish Government Exploring Digital, Discovering Communities: broadening our engagement Carmen Paputa-Dutu, Digital Health and Care Development Officer, the ALLIANCE Using Alexa to support people with Motor Neurone Disease Bex Wright, Occupational Therapist, Bon Accord Care, Aberdeen Data is Everywhere! Manira Ahmad, Head of Local Intelligence Support Team, NHS National Services Scotland
11:30–12:00	BREAK, EXHIBITION & NETWORKING
12:00–13:00	Parallel Sessions – Delegates can choose 1 from 7 options
13:00–13:50	LUNCH, EXHIBITION & NETWORKING
13:55–14:55	Parallel Sessions – Delegates can choose 1 from 7 options
14:55–15:15	REFRESHMENTS, EXHIBITION & NETWORKING EN ROUTE TO AUDITORIUM
15:15–15:50	Snapshot Presentations
	<ol style="list-style-type: none"> Using Virtual Reality to support patients in NHS Highland Jonathan Ashmore, Department of Medical Physics and Bioengineering, NHS Highland Test of Change: Alzheimer Scotland and Bon Accord Care Gillian Anderson and Nicola Cooper, Digital Leads, Development, Alzheimer Scotland Florence Update – Western Isles Karen France, Nutrition, Dietetic and Catering Services Manager, NHS Western Isles DigiInventors Challenge – DHI Grant Reilly, Marketing, Communications & Events Connecting with Breathing Space Webchat: Empathy in the written word! Tony McLaren, Breathing Space National Coordinator, NHS 24
16:00–16:15	Closing remarks – Key digital health and care events for this year

The organisers would like to thank all our exhibitors.



Parallel Sessions

12:00 Parallel Sessions 1-7

1. DIGITAL TECHNOLOGY AND CHILDREN AND YOUNG PEOPLE

Speakers: [Melanie Rayment, Head of Service Design and Jason Caplin, Direction of Digital and Technology, Barnardo's UK](#)

Like every other aspect of our lives, the use of digital technology by and for children is often discussed. This workshop will present work which is underway by Barnardos to explore the potential of digital technology in early intervention children's services. Come along to this session to find out more.

2. IMPROVING ACCESS TO DIGITAL HEALTH AND CARE SERVICES – LEARNING FROM MENTAL HEALTH

Chairs: [Chris Wright, Service Development Manager, NHS 24 and Claus Duedal Pedersen, Chief Consultant, Centre for Innovative Medical Technology, Odense University Hospital, South Denmark](#)

Chris Wright, the Scottish lead of a nationally accessible digital mental health service, will outline the process which computerised Cognitive Behavioural Therapy (cCBT) in Scotland has undertaken. Claus Deudal Pederson, from the ImpleMentAll project, will share learning from ongoing European project which is investigating the implementation of digital mental health services in nine countries. In order to identify commonalities and improve our understanding of how to make implementation processes work better for all.

3. DIGITAL NMAHP NETWORKS – PROFESSIONAL ORGANISATIONS DOING DIGITAL

Chair: [Sara Conroy, Professional Lead for Scotland, Chartered Society of Physiotherapists;](#)

Speakers: [Sian Kiely, Knowledge and Research Manager, Royal College of Nursing; Suzy England, Professional Advisor in Health Informatics, Royal College of Occupational Therapists; Kathryn Moyses, Outcomes and Informatics Manager, Royal College of Speech & Language Therapists and Chloe Adams, Policy Officer, Professional Practice, British Dietetic Association](#)

Attendees will have the chance to hear from digital leads in the NMAHP professional bodies about how digital, data and informatics are being promoted. From national and international influencing to local innovative service delivery. Attendees will have a chance to ask questions about their past and planned digital work.

4. MAKING IT EASIER FOR FAMILIES – SHARING ACTIVITIES TO SUPPORT WELLBEING

Speakers: [Angela Fulton, Strategic Partnership Manager, ALISS programme, Health and Social Care Alliance Scotland. Representatives from the partners will also be presenting.](#)

Following community engagement in North East Glasgow, families identified that finding information is often a challenge. A cross-sector partnership is working to make it easier to find and share activities and services which can help them to live well. Come along to find out more about the Health and Social Care Alliance Scotland (the ALLIANCE), CHANGE: Childcare and Nurture Glasgow East, Glasgow City HSCP, and NHS Greater Glasgow and Clyde Information Management approach.

5. CONSULTATION AT A DISTANCE – EXAMPLES FROM PRACTICE

Chair: [Yvonne Leathley, Senior Improvement Adviser, Care Inspectorate](#)

Speakers: [Charlene McLaughlin, Programme Improvement Officer; Carrie Davidson, Advanced Nurse Practitioner and Jane Logie, Receptionist/Call Handler, NHS Ayrshire and Arran; Wendy Edwards, Practice Manager, Ardach Health Centre, Buckie, Moray Health and Social Care Partnership and Seonag Macdonald, Spinal Unit Support Nurse, NHS Greater Glasgow and Clyde](#)

Have you heard of video-based consultation? Attend Anywhere or NHSNearMe, utilises a web-based platform to provide access to expertise at a distance. This is now becoming a reality in Scottish health and care services. The session will provide an update on the national perspective and share the experience of practitioners in getting the service going. Come and hear from staff from: NHS Ayrshire and Arran, from Primary Care in Moray/Aberdeenshire HSCP and the Spinal Injuries unit in NHS Greater Glasgow and Clyde about their experiences with video-consultation.

6. USING DIGITAL TO SUPPORT THE EXCELLENCE IN CARE PROGRAMME

Speakers: [Andrew Moore, Head of Excellence in Care at Healthcare Improvement Scotland and Fiona Campbell, Information Consultant, Excellence in Care Team, Healthcare Improvement Scotland](#)

Learn more about Excellence in Care. A national approach to develop and implement an evidence-based, national method to assure nursing and midwifery care reflects the 'Once for Scotland' ethos. The approach seeks to improve, integrate and co-ordinate the way nursing and midwifery services are delivered within the Scottish public sector to ensure that everyone receives a consistent standard and quality of service.

7. TECHNOLOGY ENABLED CARERS AND CONSUMERS – OPPORTUNITIES AND REALITIES

Speakers: [Geraldine Begg, Project Officer, Technology Enabled Care Programme, East Renfrewshire HSCP and Julie King, Occupational Therapist, Community Rehabilitation and Support Services, Edinburgh Health and Social Care Partnership](#)

It is not just service users who face challenges when using technology. Attendees at this session will hear from Geraldine and Julie about some of the challenges which our health and care workforce experience. Learning shared will include a short video and experiential learning activity.

Parallel Sessions

13:55 Parallel Sessions 1-7

1. TECHNOLOGY & SOCIAL CONNECTEDNESS RESEARCH PROJECT – T&SCON

Speakers: Dr Louise McCabe, Senior Lecturer in Dementia Studies; Alison Dawson Research Fellow II, Faculty of Social Sciences and Elaine Douglas, Research Fellow, Healthy Ageing In Scotland (HAGIS), University of Stirling

The potential of technology in relation to social connectedness is increasingly discussed, bringing benefits and risks for users and those who support them. The T&SCon project led by researchers from the University of Stirling has developed a set of evidence-based guidelines to support the use of technology to promote social connectedness for adults, especially older adults, living in Scotland. This workshop will provide the first opportunity to see and try out the guidelines. Please come along to find out more about this highly relevant work.

2. USING DATA TO DRIVE IMPROVEMENT

Speakers: Manira Ahmad, Head of Local Intelligence Support Team, NHS National Services Scotland; Ken Nicholson, Principal Information Analyst; Sally Thompson, Public Health and Intelligence and Martin McKenna, Senior Information Analyst, NHS National Services Scotland and David Wylie, Head of Podiatry, NHS Greater Glasgow & Clyde

Attendees at this session will gain insight into the ways data can drive service improvement. Different perspectives on the importance of and opportunities to use data to improve our health and care services will be presented. David will provide an example from service delivery of using data which is already available to support improvement and planning. The team from National Services Scotland will showcase different examples of work underway including how using System Dynamics can assist in our understanding of future demands for care and how data can help us to understand patient flow and visualise pathways. Presentations will be followed by questions and discussion.

3. APPROACHING THE SITUATION THROUGH THE PERSON – LEARNING FROM THE FUTUREEQUIPPED PROJECT

Speakers: Sanna Rimpilainen, Research and Skills Manager, Digital Health and Care Institute and Vivian Young, Curriculum Enhancement Lecturer Health and Social Care, West College Scotland

The Digital Health and Care Institute and Construction Scotland Innovation Centre worked with colleagues from a number of Scottish Colleges on the collaboratively run FutureEquipped Project. The session will share insights into the co-design tools used to change the way multidisciplinary teams think about the service users experience and will help to guide service delivery.

4. LEARNING ABOUT SCALE UP IN DIGITAL HEALTH AND CARE SERVICES

Speakers: Morag Hearty, Lanarkshire TEC Programme Manager & Home and Mobile Health Monitoring (HMHM) Lead, TEC and Digital Healthcare Innovation, Scottish Government; Scott Henderson, National Lead, Tests of Change; Helen Alexander, Evaluation Manager, NHS Lanarkshire

Each year at the Learning Network day we tackle questions about scaling up digital services. These sessions are always popular, why do we keep coming back to this topic? Because scale up is difficult and subject to local variation. Findings from the evaluation of HMHM in Lanarkshire and their implications for scale up will be presented. In the bigger picture, learning about the complexities identified in other regions will be shared. Key points for the session will include: understanding the difference between Tests of Change and Scaling Up, and the realities of culture change.

5. SHOULDERS, KNEES AND TOES – THE FUTURE AND DYNAMIC MUSCULOSKELETAL SERVICE FOR SCOTLAND

Speakers: Vincent Smith, Service Delivery Manager; Charlotte Preston, Operational Manger and Helen McMurtry, Team Manager, NHS 24, Stuart Buchan, Clinical Lead Physiotherapist in MSK, NHS Ayrshire and Arran

In this workshop the attendees will obtain an overview of Scotland's current Musculoskeletal (MSK) service and a delve into our digital future. Join us to learn more about what can be achieved when working collaboratively between local and national services to deliver a service for Scotland.

6. DEMYSTIFYING AGILE – SCOTTISH DIGITAL ACADEMY

Speaker: Dean Rhodes, Agile Coach, Scottish Digital Academy

Heard of Agile? Want to find out more? Come and hear about the Who? What? Why? And When? of Agile and Agile methodology, ask questions and inform your own practice.

7. DIGITAL RESOURCES FOR CARERS

Speakers: Patricia Clark, Development & Training Manager, Carers Scotland
From North Ayrshire HSCP: Kerryanne Owens, Project Assistant, Self-directed Support & Unpaid Carers and Kimberley Mroz, Self-directed Support & Unpaid Carers Policy Review Manager

Join us to find out what the Digital Resource for Carers is and how local authorities or HSCPs can subscribe to it. One subscriber, North Ayrshire HSCP, will share how the Digital Resource for carers supports them in their duties (as part of the Carers (Scotland) Act 2016) and the ways they have been reaching carers and sharing good practice.